

Michigan Xcel State Championships

Sunday, April 23, 2017

GYM A - Modified Capitol Cup Format			
SESSION SF - SILVER - Ch J Jr F G Sr I		SESSION SG - SILVER - Ch C D E Jr B	
Check In/Stretch	8:00 AM - 8:30 AM	Check In/Stretch	12:15 PM - 12:45 PM
Timed Warm-Ups	8:30 AM - 8:41 AM	Timed Warm-Ups	12:45 PM - 12:56 PM
March In	8:41 AM - 8:51 AM	March In	12:56 PM - 1:06 PM
Competition	8:51 AM - 11:03 AM	Competition	1:06 PM - 3:18 PM
Awards	11:23 AM	Awards	3:38 PM
GYM B - Modified Capitol Cup Format			
SESSION PB - PLATINUM - Ch A Sr B C		SESSION PC - PLATINUM - Ch B Jr A B	
Check In/Stretch	8:00 AM - 8:30 AM	Check In/Stretch	12:15 PM - 12:45 PM
Timed Warm-Ups	8:30 AM - 8:42 AM	Timed Warm-Ups	12:45 PM - 12:57 PM
March In	8:42 AM - 8:52 AM	March In	12:57 PM - 1:07 PM
Competition	8:52 AM - 12:04 PM	Competition	1:07 PM - 4:19 PM
Awards	12:24 PM	Awards	4:39 PM