

Michigan Xcel State Championships

Friday, April 21, 2017

GYM A - Modified Capitol Cup Format					
SESSION DA - DIAMOND - All Ages		SESSION SA - SILVER - Ch F Jr A E Sr F		SESSION SB - SILVER - Ch B Jr C Sr A G	
Check In/Stretch	8:00 AM - 8:30 AM	Check In/Stretch	12:15 PM - 12:45 PM	Check In/Stretch	4:30 PM - 5:00 PM
Timed Warm-Ups	8:30 AM - 8:44 AM	Timed Warm-Ups	12:45 PM - 12:56 PM	Timed Warm-Ups	5:00 PM - 5:11 PM
March In	8:44 AM - 8:54 AM	March In	12:56 PM - 1:06 PM	March In	5:11 PM - 5:21 PM
Competition	8:54 AM - 11:14 AM	Competition	1:06 PM - 3:18 PM	Competition	5:21 PM - 7:33 PM
Awards	11:34 AM	Awards	3:38 PM	Awards	7:53 PM
GYM B - Modified Capitol Cup Format					
SESSION GA - GOLD - Sr A D E F		SESSION GB - GOLD - Ch B C Jr G Sr C		SESSION GC - GOLD - Jr B C D E	
Check In/Stretch	8:00 AM - 8:30 AM	Check In/Stretch	12:15 PM - 12:45 PM	Check In/Stretch	4:30 PM - 5:00 PM
Timed Warm-Ups	8:30 AM - 8:42 AM	Timed Warm-Ups	12:45 PM - 12:57 PM	Timed Warm-Ups	5:00 PM - 5:12 PM
March In	8:42 AM - 8:52 AM	March In	12:57 PM - 1:07 PM	March In	5:12 PM - 5:22 PM
Competition	8:52 AM - 12:04 PM	Competition	1:07 PM - 4:19 PM	Competition	5:22 PM - 8:34 PM
Awards	12:24 PM	Awards	4:39 PM	Awards	8:54 PM