

TWISTARS USA GYMNASTICS NEWS

Gedderts' Twistars USA Gymnastics Club



June 2008

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- Summer Schedule Information
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WIEBER AND MOORE ROCK US CLASSICS

The 2008 US Classic served notice to the GYMNASTICS WORLD that the Twistars USA Elite program is strong and able. There could be no denying the effort and determination. There could be no mistaking the results.

The US Classic is the final stepping stone to the CHAMPIONSHIPS of THE USA (the highest ranking gymnastics competition in the US) and featured most of the top Junior Elites as well as a few of the up and coming senior elites from around the country. The competition itself was held at Houston's Reliant Center (home to the Rockets, Texans and Astros) the weekend of May 23-24. It was held in conjunction with the Men's National Championships as well as Rhythmic and Tumbling nationals.

A pair of four for four performances marked the day for Jordyn Wieber and Kameron Moore. Both were outstanding throughout the competition and earned GOLD and SILVER spots on the awards stand respectively. AMAZING!

Amazing is an understatement as Jordyn captured each and every event title in route to her gold medal all around performance of 60.35. She was calm, collected and confident throughout showing that she will certainly be a force to consider at the Championships of the USA. Her scores of 15.0 on Vault, 15.0 on bars, 15.4 on Beam and 14.95 showed her consistency and talent across all events. Jordyn is a 2 time USA National Team member with one of the brightest futures this sport has ever seen. She displays a rare and unique blend of athletic ability, work ethic and grace under pressure.

Equally as impressive in her own right was Kameron Moore. Kami placed 2nd AA with a 57 AA while placing 3rd on Floor (14.65), 4th on Vault and Beam (14.35 and 14.6). This performance basically placed Kameron on the map as a legitimate contender for a USA National Team spot in 2008. Kami is always a tough competitor and she held true to form in

Houston as she rocked routine after routine. If there were any doubters concerning her talent...let them all jump off a cliff somewhere. This kid is tough!

Needless to say anytime a club places 1-2 at an ELITE NATIONAL competition, the coaching staff has to be proud. We couldn't be any more proud of these 2 wonderful and talented young ladies. It seems apparent that their hard work and dedication is reaping just rewards. GREAT JOB JoJo and Kami!



JORDYN WINS 5 GOLDS!

Level 8 Regionals



It seems like forever ago but I didn't want the Twistars success at Level 8 regionals to go unrecognized.

Level 8 Regionals were held in Peoria, Illinois on May 2-4. Perennial power Michigan brought a very strong delegation to this competition. When all was said and done, Twistars athletes carried their fair share of the weight, helping Michigan to win 6 of 8 age groups.

Leading the charge were All Around Champions Amy Al-Ashari (1st V, 2nd UB, Fl) and Kelsea Fischer (5th V, UB, Fl and 6th B).

Regional event Champions included Rachel Cutlet on Bars (3rd V), Katie Calaghan on Floor (2nd UB, and 3rd AA), and Madison Bonofiglio on Bars.

Kacey Overlund placed 8th on V, and 5th on UB with teammates Arlyn Amor grab-

bing 6th AA, and Natalie Todd 4th AA, 3rd V and 2nd Beam. Kim Wilson would rather forget her regional but considering she was competing on a undiagnosed fracture we certainly can understand a less than productive competition from her.

Congratulations to all 10 of our Level 8s. IT was a great year that even ended better. Good luck as you pursue advancing to Level 9 this summer.

LEVEL 9 NATIONALS



TWISTARS LEVEL 9s ROCKED EASTERN NATIONALS

Michigan is rapidly becoming a hot bed of gymnastics. Finally the great level 8s we have been seeing are now moving up the ranks. Level 9 Eastern Nationals provided a show and tell for Michigan as we captured 7 of the 8 possible AA spots.

Twistars had a strong showing of their own. In fact had nationals been a team competition, Twistars would have ranked NUMBER 1 based on the placement of our team members. Michigan would have had 4 of the top 5 teams

in the eastern half of the United States. I love a challenge!

Leading our level 9 efforts was Alexys Aben who turned in a 38+ AA GOLD MEDAL performance and also won Vault and Floor.

Annie LaBrie earned a national title on Bars with a 9.675 along with her 8th place AA finish.

Amber Wobma found out how important a pointed toe can be as she placed a very respectable 2nd AA by a

mere .075 (that's a hang nail out of place). She also grabbed a pair of 2nds on Beam and Floor.

Little Lemke also placed 2nd AA by less than a minor mistake. (2nd Fl and 3rd B) The competition at this meet was tight!

Maci Sump placed 6th AA with a 2nd on Bars and 6th on vault.

Anna Hill grabbed a 5th on floor.

Great job ladies!

LEVEL 10 NATIONALS



Id would have liked to have been happier for our girls after the Level 10 National Championships BUT I still couldn't have been prouder. No we didn't reach our potential as the 10s uncharacteristically stumbled at bit. But still I have to be proud of the

the efforts and attitudes, the team spirit and support. No it wasn't the meet we had hoped for but nonetheless it was NATIONALS and we were there!

Brittany Holmes did have a great meet going 4 for 4. Caitlyn Ciokajlo medaled on Bars.

Maya Ketner medaled on Bars and Beam. Nicole Dayton placed on Vault and Floor. Shonda Clore and Kristin Seidowski added depth to their teams and Elizabeth Mahlich capped her club career with a national championship on Bars!

SUMMER SCHEDULE

Attached you will find the summer schedule with the assigned groups, tuition costs, times and days.

A couple points of interest:

Notice the size of our TEAM! This one of the largest in our history!

Group E- This may cause some concern and questions. Most of the reasoning behind this grouping has to deal with siblings, and car pools. Come Fall group E and F will basi-

cally be interchangeable.

Tuition rates- please remember that the tuition rates reflect the PROGRAM COST and not an HOURLY or PER DAY rate. The monthly tuition has been allocated over a 12 month period regardless of gym closings, camp, cancelled training etc.

Summer Session starts JUNE 30th and runs through August 23rd. Fall team hours will commence August 25th.

The gym will be closed for TEAM practice June 20-21 and 27-28 due to CAMP WEEKS.

We will also shut down for Labor Day Weekend August 29 through September 1.

PRETEAMS will have normal training for the Month of June... EXCEPT for June 30 due to the start of the Summer Schedule.

Lets have a great summer!



BOARD ELECTIONS

ATTENTION ALL BOOSTER CLUB MEMBERS! Thursday June 12th is an important day. Our annual election for booster club board positions will take place and YOUR INPUT is needed.

Booster club members should make every attempt to attend this important event. Electing a motivated and productive board is essential to

efficient booster club operations.

Take the time to know your candidates. This should not be a popularity contest but rather and well intentioned process to put good people in offices that they can best contribute to booster club.

We have some outstanding people running, some new

and some experienced. We need both. New blood brings new ideas and enthusiasm. Experience makes sure we don't recreate the wheel each year.

Thursday June 12th. 6:00 at the SUMMIT.



BOARD
ELECTION
THURSDAY
JUNE 12th 6:00

Gym Clean Day

We are running out of weekends for the annual gym clean day. Gym Clean is an annual event sponsored by boosters club where we tidy up the gym a bit. Housing a national caliber team can take it toll on a facility. Gym clean day serves to help keep out gym looking presentable.

SUNDAYS are out with Championships, Fathers Day and Camp coming up SO we thought we would give a Saturday afternoon at try.

Saturday June 14th from 1:00 til 6:00ish. Lend a hand if you can. There will still be PM training (although we might put them to work as

part of their conditioning rotation) so we will simply work around practice groups.

Gym clean is mostly mopping, dusting, disinfecting, sanitizing, vacuuming and storing. We appreciate any help that you can provide. THANKS in advance!



WELCOME NEW TEAM MEMBERS

We just finished tabulating the scores for our annual team and pre-team evaluations. The results are pleasing. Not only do we have a impressive number of new team members BUT the quality is fantastic.

Please welcome our new SILVERSTARS: Alyssa Al-Ashari, Delanie Harkness, Ashley Bremer, Jillian Swinehart, Carleigh Czerne-ski, Michaela Johnson, Made-lyn Johnson, Jenna Podsedly and Caittee Webster. Look out for this group of little stars, they are incredible! Summer training days for this group (L) is M/T/TH 10-1:00.

Please welcome our newest Level 4-5 Team Members assigned to Group J (M/W/Th 1-5:00) Tristan Brown, Tessa Jones, Katlyn Stevens, Amanda Motts, Aaliyah Foreman, Megan Dechatelets, Alyssa Furney, Cara Tucker, Alyssa Murphy, and those assigned to Group M (M/T/Th 1-5:00) Mekenna Bartlett, Samantha Uschuck, Tiger Jackson, Frankie Taylor, Lynea Darling, Reanna Klein,

Cloe Knop and Lynsey Jackson.

Please welcome our new STAR FIRES- M/W 4:30-6:30- Madison Good, Mackelle Thompson, Lucy Jackson, Hannah Pike, Hailey Pike, Braydon Miller, and Samantha Vear.

T-Th 6-8:00- Breckin Quoss, Brook Green, Madeline Sheppard, Devin Carapeluci, McKenna Long, Arianna Guerro and Kora Didion.

Outlet Star Fires, T/Th 5:30-7:30 include Abigail Dawes, Brianna Hay, Brianna Shell, Olivia Sivic, Arquette Perchalski, Lilliana MacCawan, Mikaela Keidsen, Trinity Pung and Olivia Hall.

Please welcome our new Level 3-4 Pre Team Members- M/W 6-9:00 at the SUMMIT- Allie Pipeer, Alexys Espinosa, Aubrey Ellingsen, Taia Vinson, Natalie Woodland, Brook Wood, Samantha Meyer, Emily Mercer, and Elizabeth Dumot.

T/Th 6-9:00 at the SUM-

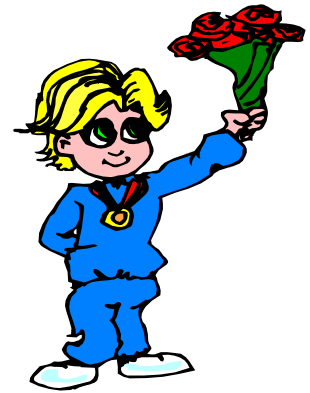
MIT- Alexis Nikoloff, Olyvia Lazaros, Sydney Pangborn, Jessica Thomashaw, Mackenzie Hammontree, Allison Haller, Kayla Williams, and Kyra Wieber.

Also T/Th 6-9:00 at the Summit- Erin Anderson, Abby Mercer, Hallie Perry, Caitlin Good, Lauren Hasse, and Taylor Kirby.

The OUTLET 3-4 Pre Team which meets M/W 5:30-8:30 includes Melissa Harvey, Brook Binkley, Laura Harvey, Skylar Nemecek, Jilia Beechler, Elizabeth Zunker, Julia Johnson and Leah Colthorp.

OUR NEW LEVEL 4 BOYS members include Andrew Hebert, Marcus Jackson, Jakob Proper, Dylan Weiss and Konner Whiting.

On behalf of the entire coaching staff here at Twistars USA ... CONGRATULATIONS and WELCOME ABOARD!



WELCOME